

The Nibbāna Sermons 1 to 11 by Bhikkhu K Ñāṇananda

An e-learning course hosted by the
Numata Center for Buddhist Studies
University of Hamburg
in collaboration with the
Barre Center for Buddhist Studies
Massachusetts

Sermon 11

Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa

Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction". With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

This is the eleventh sermon in the series of sermons on *Nibbāna*. In our last sermon, we tried to explain that contact arises dependent on name-and-form, because form gets a verbal impression by the naming quality in name, and name gets a resistance-impression by the striking quality in form. In the context of this *Dhamma*, contact, properly so-called, is a combination of these two, namely verbal impression and resistance-impression.

We also happened to mention the other day a new etymological explanation given by the Buddha to the word *rūpa*, quoting the relevant passage from the *Khajjanīyasutta* of the *Khandhasaṃyutta* in the *Saṃyutta Nikāya*. He has defined the form group with reference to 'affectation': *Ruppatīti kho, bhikkhave, tasmā rūpan'ti vuccati*. "It is affected, monks, that is why it is called form. By what is it affected? By cold, heat, hunger, thirst, and the sting of gadflies, mosquitoes and the like."

While analysing the implications of this 'being affected', we mentioned that the form group could be compared to a wound. According to the commentarial exegesis, too, *ruppati* means to be adversely affected, to be afflicted, to come into conflict with, to be diseased and displeased. These are reminiscent of the responses usually associated with the person who has an easy lacerable wound. To say that a *patighasamphassa* arises because of this lacerable quality is therefore very apt.

The primary sense of the word *paṭigha* is 'striking against'. Perception of form arises as a result of an attempt to understand through the factors on the name side this particular striking against, which resembles the laceration of a wound. This perception of form, which follows in the wake of the feeling that arises when something strikes against form, is like the groping of a blind man in the dark. Generally, the worldling is in the habit of staring at the form that comes within his grasp, to ascertain its true nature. Likewise, he touches the form he sees with his eyes to verify it. As the saying goes: 'Seeing is believing, but touch is the real thing'.

But both these attempts are like the gropings of a blind man. The worldling is unable to get rid of his delusion completely by either of these methods. It is because he is accustomed to draw conclusions under the influence of his perception of the compact, *ghanasaññā*.

The fact that the two extreme views of existence and non-existence are also the outcome of this perception of the compact in regard to form, is borne out by the following two lines of the verse we quoted from the *Kalahavivādasutta* in our previous sermon. *Rūpesu disvā vibhavaṃ bhavañca, vinicchayaṃ kurute jantu loke*. "Having seen the existence and destruction of material forms, a man in this world comes to a conclusion."

The worldling has the idea that material forms have an absolute existence. This idea is the result of his perception of form. It is a perception arising out of his impression of that 'striking against'. Whatever the level of this perception of form be, it is not better than the impression of a blind man. The two extreme views of absolute existence and non-existence in the world are based on this kind of impression.

Various types of views and opinions current in the world regarding material forms and matter in general, are the outcome of the notion that they are absolutely real. There is a tendency in the worldling to presume that what he grasps with his hands and sees with his eyes exists absolutely. So a thing is said to exist for some length of time, before it gets destroyed. The logical conclusion, then, is that all things in the world exist absolutely and that at some point of time they get absolutely destroyed. This is how the two extreme views of absolute existence and absolute non-existence have arisen in this world. This is the outcome of a perception of form, which is tantamount to a pursuit of a mirage. It is an illusion.

The Buddha has declared, in the *Jaṭāsutta*, that where name-and-form as well as resistance and perception of form are cut off and surcease, there the entire *samsāric* problem, which amounts to a tangle within and a tangle without, is also conclusively solved. That this is so could be inferred to some extent from what we have discussed so far.

Nāma and *rūpa*, as well as *paṭigha*- and *rūpasaññā*, are highly significant terms. *Paṭigha*- and *rūpasaññā* are equivalent to *paṭighasamphassa* and *adhivacanasamphassa* respectively. Now as to this perception of form, it is

basically conditioned by contact. That is why the *Kalahavivādasutta* states that contact is the cause of the two views of existence and non-existence.

In this *Kalahavivādasutta* one finds a series of questions and answers going deeper and deeper into the analysis of contact, step by step. The question *phasso nu lokasmiṃ kutonidāno*, "what is the cause of contact in this world?"; gets the answer *nāmañca rūpañca paṭicca phasso*, "dependent on name-and-form is contact". The next question is: *Kismiṃ vibhūte na phusanti phassā*, "in the absence of what, do contacts not bring about contact", or, "touches do not touch?" It gets the answer: *Rūpe vibhūte na phusanti phassā*, "in the absence of form, contacts do not bring about contact".

The question that comes up next, and the answer given, are extremely important. They lead to a deep analysis of the *Dhamma*, so much so that both verses deserve to be quoted in full. The question is:

*Kathaṃsametassa vibhoti rūpaṃ,
sukhaṃ dukhaṃ vā pi kathaṃ vibhoti,
etaṃ me pabrūhi yathā vibhoti,
taṃ jāniyāmā iti me mano ahu.*

"To one constituted in which manner does form cease to exist,
Or, how even pleasure and pain cease to exist,
Do tell me how all these become non-existent,
Let us know this, such a thought arose in me."

The answer to this question is couched in this extraordinary verse:

*Na saññasaññī na visaññasaññī,
no pi asaññī na vibhūtasaññī,
evaṃ sametassa vibhoti rūpaṃ,
saññānidānā hi papañcasāṅkhā.*

Translation Bodhi (forthcoming)

"How must one attain for form to vanish?
How do pleasure and pain also vanish?
Please tell me this, how they vanish.
We would like to know that—such is my thought."

"Not percipient through perception,
not percipient through disturbed perception,
not altogether without perception,
not percipient of what has vanished:
form vanishes for one who has so attained,
for concepts due to proliferation are based on perception."

「不想想不色想、 非無想不行想，

一切想斷不著， 因想本戲隨苦」 (CBETA, T04, no. 198, p. 181, c13-14)

"Not percipient of a perception, nor with perception of form,
neither impercipient, nor with active perception,

one gives up all perceptions, without attachment,
because perception is the root of the drama that follows *dukkha*.”

What this verse purports to describe is the state of a person for whom form as also pleasure and pain has ceased to exist. He is not one with normal perception, nor is he one with abnormal perception. He is not non-percipient, nor has he rescinded perception. It is to one constituted in this manner that form ceases to exist, for, *papañcasāṅkhā* - whatever they may be - have perception as their source.

The meaning of this verse needs to be clarified further. According to the *MahāNiddesa*, the allusion in this verse is to one who is on the path to the formless realms, having attained the first four absorptions. The commentary is forced to that conclusion, because it takes the phrase *na vibhūtasāññī* as negating formless realms as such. The assumption is that the person referred to is neither conscious with normal perception, nor abnormally unconscious, nor devoid of perception, as in the attainment of cessation, nor in one of the formless attainments. So then, the only possibility seemed to be to identify it with some intermediate state. That is why the *MahāNiddesa* and the other commentaries interpret this problematic state as that of one who is on the path to formless attainments, *arūpamaggasamaṅgi*.

However, considerations of context and presentation would lead to a different conclusion. The extraordinary state alluded to by this verse seems to be a surpamundane one, which goes far deeper than the so-called intermediate state. The transcendence of form, indicated here, is more radical than the transcendence in attaining to formless states.

Previous verses with translation Bodhi (forthcoming)

phassanidānaṃ sātaṃ asātaṃ, phasse asante na bhavanti hete;
vibhavaṃ bhavañcāpi yam etaṃ atthaṃ, etaṃ te pabrūmi itonidānaṃ.

“The pleasant and unpleasant originate from contact;
when contact does not exist, these do not come to be.
As to this matter of vanishing and coming-to-be,
I tell you that it originates from this.

phasso nu lokasmiṃ kuto nidāno, pariggahā cā pi kuto pahūtā;
kismiṃ asante na mamattam atthi, kismiṃ vibhūte na phusanti phassā.

“From what in the world does contact originate?
From what do possessions too arise?
When what does not exist, is there no taking as ‘mine’?
When what has vanished do contacts not touch one?”

nāmañca rūpañca paṭicca phassā, icchānidānāni pariggahāni;
icchāyasantyā na mamattam atthi, rūpe vibhūte na phusanti phassā

“Contacts are dependent upon name and form;
possessions are based on desire.

When desire does not exist, there is no taking as 'mine'.
When form has vanished, contacts do not touch one."

It is a transcendence at a supramundane level, as we may well infer from the last line of the verse, *saññānidānā hi papañcasaṅkhā*. *Papañcasaṅkhā* is a term which has a relevance to insight meditation and the denouement of the *sutta* is also suggestive of such a background. The *Kalahavivādasutta*, consisting of sixteen verses, is, from beginning to end, a network of deep questions and answers leading to levels of insight. The opening verse, for instance, states the initial problem as follows:

*Kuto pahūtā kalahā vivādā,
paridevasokā sahamaccharā ca,
mānātimānā saha pesuṇā ca,
kuto pahūtā te tad iṅgha brūhi.*

"Whence do spring up contentions and disputes,
Lamentations, sorrows and envies,
And arrogance together with slander,
Whence do they spring up, pray tell me this."

Translation Bodhi (forthcoming)

"From where do quarrels and disputes arise,
lamentation, sorrow, and miserliness,
conceit and arrogance along with slander?
From where do they arise? Please tell me this."

It is in answer to this basic question that this discourse gradually unfolds itself. In accordance with the law of dependent arising, the cause of contentions and disputes is said to be the tendency to hold things dear, *piyappahūtā kalahā vivādā*. Then the question is about the cause of this idea of holding things dear. The cause of it is said to be desire, *chandanidānāni piyāni loke*. Things dear originate from desire. Desire, or interest, makes things 'dear'.

The next question is: What is the origin of desire? Desire is traced to the distinction between the pleasant and the unpleasant. It is in reply to the question regarding the origin of this distinction between the pleasant and the unpleasant that contact is brought in. In fact, it is the question as to the origin of contact, *phasso nu lokasmiṃ kuto nidāno*, which formed the starting point of our discussion. The answer to that question is name-and-form, *nāmañca rūpañca*. So in this chain of causes, the link that comes next to contact is name-and-form.

Now the verse in question beginning with *na saññasaññī* goes deeper than name-and-form. Even the question about contact has a peculiar wording: *Kismiṃ vibhūte na phusanti phassā*, "When what is not there, do touches not touch?" The question, then, is not just the cessation of contact as such. The answer, too, has the same peculiarity. *Rūpe vibhūte na phusanti phassā*, "It is

when form is not there that touches do not touch". It is the subsequent question regarding form that brings out the cryptic verse as the answer.

All this goes to show that the verse in question alludes to a supramundane state far transcending the formless or any supposed intermediate stage. The transcendence of pleasure and pain, as well as perception of form, is implied here. The verse beginning with *na saññasaññī* brings the entire analytical disquisition to a climax. It comes as the thirteenth verse in the series. Usually, such a disquisition leads up to a climax, highlighting *Nibbāna*. It is obvious, therefore, that the reference here is to the *Nibbānic* mind.

We have here four negations: *Na saññasaññī - na visaññasaññī - no pi asaññī - na vibhūtasaññī*. These four negations insinuate a strange supramundane level of perception. In short, it is an attempt to analyse the crux of the *Dhamma* in terms of perception. As to the provocation for such an approach, we may remind ourselves of the fact that, according to the Buddha, release from materiality amounted to a release from the perception of form. Here, we have something really deep.

As it was stated in the *Jaṭāsutta*, for the disentangling of the tangle, name-and-form, resistance and perception of form, have to be cut off. This last mentioned perception of form, or *rūpasaññā*, is highly significant. Before the advent of the Buddha the general belief, even among ascetics, was that, in order to be free from form, one has to attain to the formless, *arūpa*. But, as we pointed out in an earlier sermon, this kind of approach to the question of freedom from form, is like the attempt of one who, having imagined a ghost in the darkness of the night, runs away to escape it. He is simply taking the fantasy of the ghost with him.

Likewise, perception of form is already implicit in the formless. What has been done is only a pushing away of the perception of form with the help of *sañkhāras*. It is merely a suppression of form through the power of absorption. It does not amount to a cessation of the perception of form.

What, then, is the message the Buddha gave to the world regarding the abandonment by way of eradication? He pointed out that freedom from form can be won only by comprehending a certain deep normative principle behind perception. Till then, one keeps on going round and round in *saṃsāra*. Even if one breaks away from form to stay for aeons in formless realms, one swings back to form at the end of that period. Why? Because the ghost of form still haunts the formless. It is precisely because of this fact that pre-Buddhistic ascetics could not free themselves from the round of existence.

The *Kalahavivādasutta* as a whole, could be regarded as an extremely deep analysis of the basis of the two views of existence and non-existence. Our departure from the *MahāNiddesa* in regard to the interpretation of this discourse might sometimes be called in question. But let the wise judge its reasonableness on its own merits.

According to our interpretation so far, the thirteenth verse marks the climax of the discourse, with its allusion to *Nibbāna*. This is obvious from the fourteenth

verse, in which the questioner confesses: *Yaṃ taṃ apucchimha akittayī no, aññaṃ taṃ pucchāma tad iṅha brūhi*. "Whatever we have asked you, that you have explained to us. Now we wish to ask you something else, pray, give us an answer to that too."

Translation Bodhi (forthcoming)

"You explained to us whatever we asked you.
Let us now ask something else: please tell me this."

The question now posed is this: *Ettāvataggam nu vadanti h'eke, yakkhassa suddhiṃ idha paṇḍitāse, udāhu aññaṃ pi vadanti etto?* "Do some, who are reckoned as wise men here, declare the highest purity of the soul with this much alone, or else do they posit something beyond this?" The interlocutor is trying to get the solution restated in terms of the two views of existence and non-existence. The term *yakkha* is used in this context in the sense of an individual soul. It betrays an assumption based on a wrong view. The question concerns the purity of the individual soul. The interlocutor wants to ascertain whether wise men in the world declare this state as the highest purity of the soul, or whether they go beyond this in postulating something more. Here is an attempt to get the answer already given restated in terms of the soul theory, a sort of anti-climax. The two concluding verses that follow, give the lie to this presumptuous question.

*Ettāvataggam pi vadanti h'eke
yakkhassa suddhiṃ idha paṇḍitāse,
tesaṃ paneke samayaṃ vadanti
anupādisese kusalā vadānā.*

"Some, who are regarded as wise men here,
Call this itself the highest purity of the individual soul,
But there are again some among them, who speak of an annihilation,
Claiming to be experts in the cessation without residue."

*Ete ca ñatvā upanissitā ti
ñatvā munī nissaye so vimamsī,
ñatvā vimutto na vivādam eti
bhavābhavāya na sameti dhīro.*

"Knowing that they are dependent on speculative views,
The sage with discernment, with regard to whatever is speculative,
Emancipated as he is through understanding, does not enter into dispute,
A truly wise man does not fall back either on existence or on non-existence."

Translation Bodhi (forthcoming)

"Some wise men here say at this point
that this is the foremost purity of the spirit.
But some among them speak of an attainment,

claiming to be skilled in that without residue remaining.

“Having known these to be ‘dependent,’
and having known the dependencies, the muni, the investigator,
having known, liberated, does not enter disputes;
the wise one does not come upon various states of existence.”

Pj II 554: *bhavābhavāya na sametī ti punappuna-uppattiyā na samāgacchatī ti*
sameti = *sam + eti* PED: come together, meet, assemble, associate with, go to,
correspond to, agree, know, consider, fit in.

DN I 162 *eke samaṇabrāhmaṇā ... tehipi me saddhiṃ ekaccesu ṭhānesu sameti,*
ekaccesu ṭhānesu na sameti.

MN II 239 *atthato hi kho nānaṃ, byañjanato sameti ... atthato hi kho sameti,*
byañjanato nānaṃ

AN IV 42 *tayidaṃ, bho gotama, sameti bhoto ceva gotamassa amhākañca*

The concluding verse amounts to a refutation of both these extreme views. The truly wise sage, who is released with proper discernment of the nature of dogmatic involvement, has no disputes with those who are at loggerheads with each other on the issue of existence and non-existence. This, in effect, means that *Nibbāna* as a goal avoids both extremes of eternalism and nihilism.

The *Upasīvasutta* in the *Pārāyanavagga* of the *Sutta Nipāta* provides further proof of the plausibility of the above interpretation. There, *Nibbāna* as the cessation of consciousness in the *arahant*, is compared to the extinction of a flame.

Accī yathā vātavegena khitto
atthaṃ paleti na upeti saṅkhaṃ
evaṃ munī nāmakāyā vimutto
atthaṃ paleti na upeti saṅkhaṃ.

"As flame flung on by force of wind,
Reaches its end, comes not within reckoning,
So the sage, released from name-and-form,
Reaches his end, comes not within reckoning."

Translation Bodhi (forthcoming)

“As a flame, thrown by a gust of wind,
(Upasīva,” said the Blessed One),
“goes out and cannot be designated,
so the muni, liberated from the mental body,
goes out and cannot be designated.”

When a flame goes out, it cannot be reckoned as having gone in any of the directions, like north, east, south, and west. All that can be said about it, is that it has gone out.

Even after the Buddha has given this reply, the brahmin youth *Upasīva*, entrenched as he is in the eternalist view, raises a question which is similar to the one already quoted. He, too, is trying to understand it in terms of the two extreme views of existence and non-existence.

*Atthaṃgato so uda vā so natthi
udāhu ve sassatiyā arogo,
taṃ me munī sādhu viyākarohi,
tathā hi te vidito esa dhammo.*

"Has he reached his end, or is he no more,
Or is he eternally well,
That to me, sage, in full explain,
For this *Dhamma* is well within your ken."

Translation Bodhi (forthcoming)

"But does one who has gone out not exist,
or else is he healthy through eternity?
Explain this matter clearly to me, O muni,
for this Dhamma has been understood by you."

*atthaṅgatassa na pamāṇam atthi, (upasīvāti bhagavā)
yena naṃ vajjuṃ taṃ tassa natthi;
sabbesu dhammesu samuhatesu,
samūhatā vādapathāpi sabbe ti*

"There is no measure of one who has gone out,
(Upasīva," said the Blessed One).
"There is no means by which they might speak of him.
When all phenomena have been uprooted,
all pathways of speech are also uprooted."

In the discourses we find similar instances of attempts to determine, in terms of those two extreme views, even a conclusive statement of the Buddha on the question of *Nibbāna*. Yet another instance is found in the *Poṭṭhapādasutta* of the *Dīghanikāya*. There the Buddha outlines the path to *Nibbāna* from the point of view of perception. The discourse, therefore, is one that highlights the importance of the term *saññā*. In that discourse, the path of training leading to *Nibbāna* is introduced under the heading *anupubbābhisaññānirodha-sampajāna-samāpatti*, "the attainment, with full awareness, to the gradual cessation of higher levels of perception".

What is significant in this particular context, is that the invitation for this exposition came from the ascetics of other sects. In response to their request to enlighten them on the subject of the cessation of higher levels of perception, *abhisaññānirodha*, the Buddha gave quite a long account of the course of training required for it. But at the end of that deep exposition, the wandering ascetic *Poṭṭhapāda* raises the following question: *Saññā nu kho purisassa attā*,

udāhu aññā saññā aññā attā? "Is perception a man's soul, or is perception something and soul another?" This is typical of their bigotted attitude, which prevented them from understanding this *Dhamma*, free from the soul prejudice.

We went so far as to bring out all this evidence, because the point at issue is fairly important. Even the attempt of the *MahāNiddesa* to explain the verse beginning with *na saññasaññī* is far from conclusive. It is not at all likely that the ascetics of other sects subscribed to a view that the intermediate stage between the fourth absorption and the first formless absorption is equivalent to the purest state of the soul. Such an interim state is of no account.

As we go on, we might come across further proof of the tenability of this interpretation. The verse beginning with *na saññasaññī* is not easily forgotten, because of its unusual accent on the negative particle. We might have to hark back to it when we come across similar discourses dealing with *Nibbāna*. Till then, let us remind ourselves of two similes we have already given, in order to get a foretaste of the significance of this problematic verse.

Firstly, the Buddha's simile of the magic show as an illustration for consciousness in the *Phenapiṇḍūpamasutta - māyūpamañca viññāṇaṃ*. While describing the five groups, he compares consciousness to a magical performance at crossroads, conducted by a magician or his apprentice. A man with the right type of vision, watching this magic show, understands that it is empty, hollow and void of essence. It is as if he has seen through the tricks and deceptions of the magician.

While watching a magic show, the audience in general reacts to it with gaping mouths and exclamations. But how would a man with radical attention and penetrative wisdom, who is fully aware of the tricks of the magician, watch a magic show? He is simply looking on with a vacant gaze.

This reminds us of the significance of the word *viññāṇaṃ anidassanaṃ anantaṃ sabbato pabhaṃ*. That gaze is 'endless', *anantaṃ*, in the sense that it does not have the magic show as its object. It goes beyond. It is also 'non-manifestative', *anidassanaṃ*, since the magic show does not manifest itself, as it has now been penetrated through with wisdom. This wisdom is revealing in its 'all lustrous' nature, *sabbato pabhaṃ*, so much so that the tricks are seen - through.

So this man with discernment is watching with a vacant gaze. Now how would such a person appear to one who is deluded and enchanted by the magic show? The latter might regard the former as an inattentive spectator who misses the magic show. Or else, he might think that the other is out of his senses, or insensate.

What the riddle verse beginning with *na saññasaññī* refers to, is such a vacant gaze. That is to say, the person referred to is not one with the ordinary worldling's perception, which is deluded, nor has he fainted and become unconscious, *na saññasaññī na visaññasaññī*. He is not in a trance, devoid of perception, *no pi asaññī*, nor has he put an end to perception, *na vibhūtasaññī*.

What these four negations highlight, is that vacant gaze of the one who is emancipated through wisdom.

Somewhat on the lines of the simile used by the Buddha, we might reintroduce, as a flashback, the simile of the cinema. Though it has a modernistic flavour, it could perhaps be more easily understood. Let us suppose that a matinee show of a technicolour film is in progress with closed doors and windows. Suddenly, by some technical defect, the doors and windows are flung open. What would be the change of perspective in the spectator now? He, too, would be looking on with a vacant gaze. Though still the show is going on, he is no longer seeing it. A sort of 'cessation' has occurred, at least temporarily.

The theme as well as the objective of all our sermons is expressed in the quotation beginning with "This is peaceful, this is excellent" (etc.), which forms the rubric, as it were, for each sermon. The change that occurs in the spectator now, is somewhat reminiscent of it. Though not all preparations, at least those preparations connected with the film show are momentarily 'stilled'. Whatever assets in the form of the bundle of experiences on which the film show is evaluated, are 'relinquished'. The craving or the desire for the show has gone down. The colourful show has 'faded away', making way for detachment. The film show has 'ceased' for him. It is also extinct for him, since his burning desire has cooled off now. In this way, we can understand the four puzzling negations in that riddle verse as an attempt to describe the vacant gaze of this spectator, and that man with discernment at the magic show.

Another aspect of special significance in this riddle verse emerges from the last line, *saññānidānā hi papañcasāṅkhā*, which could be tentatively rendered as "for [whatever are termed] *papañcasāṅkhā* have perception as their source". *Papañca* is a term with a deep philosophical dimension in Buddhism. In fact, even the rise of many Buddhist sects could be put down to an insufficient appreciation of its significance. In our own philosophical tradition, too, much of the confusion with regard to the interpretation of *Nibbāna* seems to have come about due to a lack of understanding in this particular field. Therefore we propose to devote sufficient time and attention to clarify the significance of this term *papañca*.

To begin with, we can bring up clear evidence of the fact that the word *papañca* is used in the discourses to convey some deep idea. As a rule, whenever the Buddha presents a set of ideas pertaining to some *Dhamma* topic, the deepest or the most important of them is mentioned last. This feature is quite evident in the *Āṅguttara Nikāya*, where very often a sermon is seen to unfold itself in an ascending order, leading to a climax. In an enumeration of items 'the last but not the least', happens to be the most important. Granted that this is the general trend, we can trace as many as nine such contexts among the *suttas* in which *papañca* is counted last. This itself is a clue to its importance.

One of the most telling instances is to be found in the Eights of the *Āṅguttara Nikāya*. It is called *Anuruddhamahāvitakkasutta*. There we are told that to

Venerable *Anuruddha*, once meditating in solitude in *Pācīnavamsa* Park, the following seven thoughts occurred, concerning *Dhamma*.

Appicchassāyaṃ dhammo, nāyaṃ dhammo mahicchassa; santuṭṭhassāyaṃ dhammo, nāyaṃ dhammo asantuṭṭhassa; pavivittassāyaṃ dhammo, nāyaṃ dhammo saṅgaṇīkārāmassa; āraddhaviriyassāyaṃ dhammo, nāyaṃ dhammo kusītassa; upaṭṭithasatissāyaṃ dhammo, nāyaṃ dhammo muṭṭhassatissa; samāhitassāyaṃ dhammo, nāyaṃ dhammo asamāhitassa; paññavato ayaṃ dhammo, nāyaṃ dhammo duppaññassa.

"This *Dhamma* is for one who wants little, not for one who wants much; this *Dhamma* is for one who is contented, not for one who is discontent; this *Dhamma* is for one who is secluded, not for one who is fond of society; this *Dhamma* is for the energetic, not for one who is lazy; this *Dhamma* is for one who has set up mindfulness, not for one who is laggard in mindfulness; this *Dhamma* is for one who is composed, not for one who is flustered; this *Dhamma* is for one who is wise, not for one who is unwise."

Translation Bodhi (2012: 1160)

"This Dhamma is for one with few desires, not for one with strong desires. This Dhamma is for one who is content, not for one who is not content. This Dhamma is for one who resorts to solitude, not for one who delights in company. This Dhamma is for one who is energetic, not for one who is lazy. This Dhamma is for one with mindfulness established, not for one who is muddle-minded. This Dhamma is for one who is concentrated, not for one who is unconcentrated. This Dhamma is for one who is wise, not for one who is unwise."

When these seven thoughts occurred to him, Venerable *Anuruddha* kept on pondering over them for a long while, probably with some *Dhamma* zest. He might have even felt confident that this is a perfect set of *Dhamma* thoughts, since the number is seven and wisdom comes last. However, the Buddha was monitoring his behaviour of mind from *Bhesakaḷāvana*, many leagues away, and found that this set of seven is far from complete. So he appeared before Venerable *Anuruddha* through his psychic power and, having first commended Venerable *Anuruddha* for those seven thoughts, calling them 'thoughts of a great man', *mahāpurisavitakka*, gave him an eighth to add on to them and ponder upon. The eighth thought of a great man is:

Nippapañcārāmassāyaṃ dhammo nippapañcaratino, nāyaṃ dhammo papañcārāmassa papañcaratino. "This *Dhamma* is for one who likes and delights in *nippapañca* and not for one who likes and delights in *papañca*."

Translation Bodhi (2012: 1160)

"This Dhamma is for one who delights in non-proliferation, who takes delight in non-proliferation, not for one who delights in proliferation, who takes

delight in proliferation.”

Following the Buddha's instructions in this concern, Venerable *Anuruddha* attained *Arahant*-hood, and uttered two verses as a paean of joy. From the two verses it becomes clear that the Buddha's helpful hint regarding *nippapañca* - whatever it may mean - was what triggered off his attainment.

*Yathā me ahu saṅkappo,
tato uttari desayi,
nippapañcarato Buddho,
nippapañcaṃ adesayi.
Tassāhaṃ Dhammamaññāya,
vihāsiṃ sāsane rato,
tisso vijjā anuppattā,
kataṃ Buddhassa sāsanaṃ.*

"Whatever thoughts I had on my own,
Going far beyond them the Lord preached to me,
The Buddha, who delights in *nippapañca*,
Preached *nippapañca* to me.
Understanding his *Dhamma*,
I dwelt delighting in his admonishment,
The three knowledges are attained,
Done is the Buddha's behest."

Translation Bodhi (2012: 1165)

“He taught me more
Than my thoughts contained:
The Buddha, delighting in non-proliferation,
Instructed me in non-proliferation.

Having learned his Dhamma,
I delighted in his teaching.
I have gained the three true knowledges;
The Buddha’s teaching has been done.”

MĀ 74

[The Buddha]:

“It is well, it is well, Anuruddha that, while seated in meditation in a quiet place reflecting, you had these [seven] thoughts: ‘The path is attained through having no desires, not through having desires. The path is attained through contentment, not through dissatisfaction. The path is attained through seclusion, not through rejoicing in company, dwelling in company, being together with company. The path is attained through effort, not through indolence. The path is attained through right mindfulness, not through wrong mindfulness. The path is attained through a concentrated mind, not through a

distracted mind. The path is attained through wisdom, not through delusion.’ Anuruddha, you shall receive from the Tathāgata an eighth thought of a great man. Having received it, reflect on it! ‘The path is attained through absence of proliferation, delighting in absence of proliferation, and practicing absence of proliferation; not through proliferation, not through delighting in proliferation, not through practicing proliferation.’”

[Anuruddha]:

“He taught me regarding the [seven] thoughts in my mind and then added a further one, [namely] that all Buddhas delight in absence of proliferation, being far removed from any proliferation.

“Having come to know the Dharma from him, being happily established in the true Dharma, I attained concentration and penetrative wisdom: ‘What was to be done in the Buddha's teaching has been done.’”

Difference among parallels regarding the meeting, AN 8.30, MĀ 74 and T 46 report the Buddha’s arrival by supernormal means. According to EĀ 42.6, however, Anuruddha had come to visit the Buddha.

「那律漸漸人間，將五百比丘遊化，轉至舍衛國，到如來所，頭面禮足，在一面坐。時，阿那律白世尊言」 (CBETA, T02, no. 125, p. 754, a29-b2)

The words of Venerable *Anuruddha* clearly reveal the immense significance attached to the term *papañca* and its relevance to the question of attaining *Nibbāna*. It is noteworthy that a number of *suttas* like *Kalahavivādasutta*, *Sakkapañhasutta*, *Cūlasīhanādasutta*, and *Madhupiṇḍikasutta* give prominence to the term *papañca* by listing it as the last. One of the most important discourses throwing light on the significance of this term *papañca* is the *Madhupiṇḍikasutta* of the *Majjhima Nikāya*. We shall therefore proceed to discuss this particular *sutta* at some length.

The *Madhupiṇḍikasutta* is in fact a discourse that unfolds itself in three stages, like a three act play. It might not be inapt to say something about the title of this discourse by way of introduction, before we get down to an analysis of it. At the conclusion of the discourse, Venerable *Ānanda* makes the following comment on its significance before the Buddha: "Lord, just as if a man overcome by hunger and exhaustion came upon a honey-ball, and, from whatever side he goes on licking it, he would get a sweet delectable flavour which remains unimpaired, so too, Lord, any nimble witted monk, from whatever angle he examines with wisdom the meaning of this discourse on the *Dhamma*, he would find satisfaction and gladness of mind. What is the name of this discourse, Lord?" It was then that the Buddha gave this name to the

discourse, saying: "Well, then, *Ānanda*, you may remember this discourse on the *Dhamma* as the 'honey-ball discourse'."

Translation Ñāṇamoli (1995: 205f)

[Ānanda]:

“Venerable sir, just as if a man exhausted by hunger and weakness came upon a honeyball, wherever he would taste it he would find a sweet delectable flavour; so too, venerable sir, any able-minded bhikkhu, wherever he might scrutinize with wisdom the meaning of this discourse on the Dhamma, would find satisfaction and confidence of mind. Venerable sir, what is the name of this discourse on the Dhamma?”

MĀ 115

[The Buddha]:

“Monks, it is as if someone, because of dwelling in a secluded place, in the mountains or a forest, were to suddenly obtain a ball of honey. Whichever part of it he eats, he gets the taste of it. In the same way, a clansman in my true Dharma and discipline, whichever part of it he contemplates, he gets the taste of it: Contemplating the eyes he gets the taste, contemplating the ears ... nose ... tongue ... body... contemplating the mind he gets the taste.”

We might not have the ability to assimilate fully the flavour of this discourse, and in any case we might not even have sufficient time for it today. However, if we are to make a start, we may begin with the first act, that is, where we find the Buddha spending his noon-day siesta at *Mahāvana* in *Kapilavatthu*. The *Sakyan Daṇḍapāṇi*, so called because he used to carry a staff in hand, comes to see the Buddha and puts the following short question to him: *Kimvādī samaṇo kimakkhāyi?* "What does the recluse assert, what does he proclaim?"

The Buddha's reply to it is rather long and winding, so much so that it is not easy to render it clear enough: *Yathāvādi kho, āvuso, sadevake loke samārake sabrahmake sassamaṇabrāhmaṇiṇiṃ pajāya sadevamanussāya na kenaci loke viggayha tiṭṭhati, yathā ca pana kāmehi viṣaṃyuttaṃ viharantaṃ taṃ brāhmaṇaṃ akathaṃkathim chinnakukkuccaṃ bhavābhava vītatanhaṃ saññā nānuseṇti, evaṃvādī kho ahaṃ, āvuso, evamakkhāyī.*

"According to whatever doctrine, friend, one does not quarrel with anyone in the world with its gods, its *Māras* and *Brahmas*, with the progeny of the world comprising recluses and brahmins, gods and men, and also due to which perceptions no more underlie that brahmin who abides detached from sense pleasures, without perplexity, remorse cut off and devoid of craving for any kind of existence, such is my doctrine, friend, thus do I proclaim it."

Translation Ñāṇamoli (1995: 201)

“Friend, I assert and proclaim [my teaching] in such a way that one does not

quarrel with anyone in the world with its gods, its Māras, and its Brahmās, in this generation with its recluses and brahmins, its princes and its people; in such a way that perceptions no more underlie that brahmin who abides detached from sensual pleasures, without perplexity, shorn of worry, free from craving for any kind of being.”

MĀ 115

“Sakyan, [my teaching] is not to quarrel with anybody in the entire world—devas, Māras, Brahmās, renunciants, and brahmins, from human beings to devas—to practice the pure holy life secluded from sensual desires, abandon hypocrisy, cut off worries, and not be attached to existence, non-existence, or non-perception. This is the basis of my dispensation, this is what I teach.”

It must be noted that the word brahmin in this context refers to the *Arahant*. The reply, winding as it is, goes deeper in its insinuations, touching the presumptions of the questioner. That is to say, generally, in the world, if anyone proclaims a doctrine, it is natural that it will come into conflict with other doctrines. Also, in proclaiming that doctrine one has to have latent perceptions relating to it. The Buddha's reply, however, seems to contradict these presumptions. In a nutshell, the reply amounts to this:

Firstly, the Buddha's teaching is such that he does not come into conflict with others. Secondly, perceptions do not lie latent in him.

The occurrence of the term *saññā*, perception, in this context, is also significant. We have already stressed the importance of this term. Perceptions do not lie latent in the Buddha or in the doctrine propounded by him.

Daṇḍapāṇi's response to this reply of the Buddha is also recorded in the *sutta*. It is dramatic enough to substantiate our comparison of the discourse to a three-act play. *Daṇḍapāṇi* shook his head, wagged his tongue, raised his eyebrows into a three-lined frown on his forehead and departed, leaning on his stick. The Buddha's reply did not arouse any faith in him.

In the next act we find the Buddha seated in the company of the monks in the evening and telling them of his brief encounter with *Daṇḍapāṇi*. Then one of the monks requested an explanation of the enigmatic reply the Buddha had given to *Daṇḍapāṇi*. The Buddha's explanation, however, took the form of an even longer statement, no less enigmatic than the former. It runs:

Yatonidānaṃ, bhikkhu, purisaṃ papañcasaññāsaṅkhā samudācaranti, ettha ce natthi abhinanditabbaṃ abhivaditabbaṃ ajjhosetabbaṃ, esevanto rāgānusayānaṃ, esevanto paṭighānusayānaṃ, esevanto diṭṭhānusayānaṃ, esevanto vicikicchānusayānaṃ, esevanto mānānusayānaṃ, esevanto bhavarāgānusayānaṃ, esevanto avijjānusayānaṃ, esevanto daṇḍādāna-satthādāna-kalaha-viggaha-vivāda-tuvaṃtuvaṃ-pesuñña-musāvādānaṃ, etthete pāpakā akusalā dhammā aparisesā nirujjhanti.

"From whatever source *papañcasaññāsankhā* beset a man, if, in regard to that, there is nothing to be delighted in, asserted, or clung to, then this itself is the end of the underlying tendencies to attachment, to aversion, to views, to doubts, to conceit, to attachment towards existence, and to ignorance. This itself is the end of taking rods and weapons, quarrels, disputes, accusations, slander and false speech. Here these evil unskilful states cease without remainder."

Translation Ñāṇamoli (1995: 202)

"Bhikkhus, as to the source through which perceptions and notions [born of] mental proliferation beset a man: if nothing is found there to delight in, welcome and hold to, this is the end of the underlying tendency to lust, of the underlying tendency to aversion, of the underlying tendency to views, of the underlying tendency to doubt, of the underlying tendency to conceit, of the underlying tendency to desire for being, of the underlying tendency to ignorance; this is the end of resorting to rods and weapons, of quarrels, brawls, disputes, recrimination, malicious words, and false speech; here these evil unwholesome states cease without remainder."

MĀ 115

"Monk, suppose that a person, with a [corresponding] reflection as the cause, leaves the household life to train in the path. With intention and perception he practices not desiring past, future, and present phenomena, not rejoicing in them, not becoming attached to them, and not dwelling on them.

"This is called the end of dukkha, [namely, the end of] the underlying tendency to desire, the underlying tendency to hatred, the underlying tendency to existence, the underlying tendency to conceit, the underlying tendency to ignorance, the underlying tendency to views, and the underlying tendency to doubt. [This is called the end of] quarrel, resentment, flattery, deceit, false speech, divisive speech, and innumerable evil and unwholesome states—this is called the end of dukkha."

After making such a long and winding statement, the Buddha rose from his seat and went into his dwelling, as if it were the end of the second act. One can well imagine the consternation of the monks at this dramatic turn of events. The explanation looked even more astounding than the original statement, because of its elliptical character. So here is a case of a puzzle within a puzzle. It is the first few words that are most puzzling.

Naturally, the monks were so perplexed that they decided to approach Venerable *MahāKaccāna* and request him to give them a detailed exposition of the Buddha's words, as he had been praised by the Buddha for his skill in this respect. When they went to him and made the request, Venerable *MahāKaccāna* showed some modest hesitation at first, but finally agreed to it.

Now we come to the third act, in which Venerable *MahāKaccāna* is giving the exposition.

Cakkhuñc'āvuso paṭicca rūpe ca uppajjati cakkhuviññānaṃ, tiṇṇaṃ saṅgati phasso, phassapaccayā vedanā, yaṃ vedeti taṃ sañjānāti, yaṃ sañjānāti taṃ vitakketi, yaṃ vitakketi taṃ papañceti, yaṃ papañceti tatonidānaṃ purisaṃ papañcasaññāsankhā samudācaranti atītānāgatapaccuppannesu cakkhuviññeyyesu rūpesu. Not only with regard to eye and forms, but also with reference to all the other sense-faculties, including the mind, together with their respective sense-objects, a similar statement is made. Suffice it to translate the one quoted above as a paradigm.

"Dependent on the eye and forms, brethren, arises eye-consciousness; the concurrence of the three is contact; because of contact, feeling; what one feels, one perceives; what one perceives, one reasons about; what one reasons about, one turns into *papañca*; what one turns into *papañca*, owing to that" (*tatonidānaṃ*, which is the correlative of *yatonidānaṃ* forming the key word in the Buddha's brief summary above) "*papañcasaññāsankhā* beset him who directed his powers of sense-perception. They overwhelm him and subjugate him in respect of forms cognizable by the eye belonging to the past, the future and the present."

Translation Ñāṇamoli (1995: 203)

"Dependent on the eye and forms, eye-consciousness arises. The meeting of the three is contact. With contact as condition there is feeling. What one feels, that one perceives. What one perceives, that one thinks about. What one thinks about, that one mentally proliferates. With what one has mentally proliferated as the source, perceptions and notions [born of] mental proliferation beset a man with respect to past, future, and present forms cognizable through the eye."

MĀ 115

"Venerable friends, in dependence on the eye and forms, eye consciousness arises. The coming together of these three things is contact. In dependence on contact there is feeling. If there is feeling, there is perception; if there is perception, there is intention; if there is intention, there is thought; if there is thought, there is differentiation.

"A monk, having gone forth to train in the path with such a [corresponding] reflection as the cause, with intention and perception practices not desiring past, future, and present phenomena, not rejoicing in them, not becoming attached to them, and not dwelling on them."

It is the same with regard to the ear and sounds and the rest. Lastly, even about mind and mind-objects Venerable *MahāKaccāna* makes a similar statement. At this point, we are forced to say something about the commentarial

explanation of this particular passage. It seems that the commentarial exegesis has failed to bring out the deeper implications of the term *papañcasaññāsāṅkhā*. The main reason for the confusion is the lack of attention on the part of the commentator to the peculiar syntax of the formula in question.

The formula begins on an impersonal note, *cakkhuñc'āvuso paṭicca rūpe ca uppajjati cakkhuviññāṇaṃ*. The word *paṭicca* is reminiscent of the law of dependent arising. *Tiṇṇaṃ saṅgati phasso*, "the concurrence of the three is contact". *Phassapaccayā vedanā*, "conditioned by contact is feeling". From here onwards the formula takes a different turn. *Yaṃ vedeti taṃ sañjānāti, yaṃ sañjānāti taṃ vitakketi, yaṃ vitakketi taṃ papañceti*, "what one feels, one perceives; what one perceives, one reasons about; what one reasons about, one turns into *papañca*".

In this way, we can distinguish three phases in this description of the process of sense perception in Venerable *MahāKaccāna's* exposition. It begins with an impersonal note, but at the point of feeling it takes on a personal ending, suggestive of deliberate activity. *Yaṃ vedeti taṃ sañjānāti, yaṃ sañjānāti taṃ vitakketi, yaṃ vitakketi taṃ papañceti*, "what one feels, one perceives; what one perceives, one reasons about; what one reasons about, one turns into *papañca*".

Though we render the formula in this way, the commentary explains it differently. It ignores the significance of the personal ending and interprets the sensory process periphrastically, for example as *saññā sañjānāti, vitakko vitakketi*, "perception perceives", "reasoning reasons about", etc. It amounts to saying that, when feeling occurs, perception comes forward and perceives it, then reasoning takes up the task of reasoning about perception. *Papañca* then steps in and converts that reasoning into *papañca*. This is how the commentary explains that formula. It has left out of account the significance of the use of the active voice in this section of the formula.

There is a special purpose in using the active voice in this context. It is in order to explain how a man is overwhelmed by *papañcasaññāsāṅkhā* - whatever it may be - that Venerable *MahāKaccāna* has introduced this sequence of events in three phases. In fact, he is trying to fill in the gap in the rather elliptical statement of the Buddha, beginning with *yatonidānaṃ, bhikkhu, purisaṃ papañcasaññāsāṅkhā samudācaranti*, "monk, from whatever source *papañcasaññāsāṅkhā* beset a man". The initial phase is impersonal, but then comes the phase of active participation.

From feeling onwards, the person behind it takes over. What one feels, one perceives; what one perceives, one reasons about; what one reasons about, one turns into *papañca*. The grossest phase is the third. Venerable *MahāKaccāna's* formula shows how the process of sense-perception gradually assumes a gross form. This third phase is implicit in the words *yaṃ papañceti tatonidānaṃ purisaṃ papañcasaññāsāṅkhā samudācaranti*, "what one turns into *papañca*, owing to that *papañcasaññāsāṅkhā* beset that man". The word *purisaṃ* is in the accusative case here, implying that the person who directed sense-perception is now beset with, or overwhelmed by, *papañcasaññāsāṅkhā*, as a result of which

all the evil unskilful mental states come to be. This itself is an index to the importance of the term *papañca*.

The course of events suggested by these three phases may be illustrated with the legend of the three magicians. While journeying through a forest, three men, skilled in magic, came upon a scattered heap of bones of a tiger. To display their skill, one of them converted the bones into a complete skeleton, the second gave it flesh and blood, and the third gave it life. The resurrected tiger devoured all three of them. It is such a predicament that is hinted at by the peculiar syntax of the formula in question.

The comparison of this discourse to a honey-ball is understandable, since it holds the secret of the latent tendencies towards dogmatic views. It also affords a deep insight into the nature of the linguistic medium, and words and concepts in everyday usage.

We haven't yet clarified the meaning of the term *papañca*. It is already found in common parlance as a word suggestive of verbosity and circumlocution. Etymologically, it is traceable to *pra + pañc*, and it conveys such meanings as 'spreading out', 'expansion', 'diffuseness' and 'manifoldness'. Verbosity and circumlocution usually lead to delusion and confusion. However, the word *papañca* is sometimes used to denote a conscious elaboration of what is already expressed in brief. In this particular sense, the cognate term *vipañcitaññū* is used in the context of four types of persons, distinguished according to their levels of understanding, namely *ugghaṭitaññū*, *vipañcitaññū*, *neyyo*, and *padaparamo*. Here, *vipañcitaññū* signifies that sort of person to whom comprehension of the doctrine comes when the meaning of what is uttered in brief is analysed in detail.

All in all, *papañca* in linguistic usage has the insinuation of a certain degree of delusion brought about by verbosity and circumlocution. But here the term has a deeper philosophical dimension. Here it is not a case of linguistic usage, but the behaviour of the mind as such, since it concerns sense-perception. The fact that it follows in the wake of *vitakka* is suggestive of its affinity to *vicāra*, or discursive thought, so often quoted as the twin of *vitakka*, that is as *vitakkavicāra*.

The mind has the tendency to wander afar, all alone, *dūraṅgamaṃ ekacaraṃ*, through the medium of thought, or *vitakka*. When *vitakka* breaks loose and runs riot, it creates a certain deluded state of mind, which is *papañca*.

Salient point:

perception and proliferation (*papañca*)